

Monday	Tuesday
<p>--- Entrees ---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat ---</p> <p>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat ---</p> <p>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat ---</p> <p>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat ---</p> <p>Penne Alfredo HS Carbs: 70 * Milk ---</p> <p>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat ---</p> <p>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat ---</p> <p>Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat ---</p> <p>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---</p>	<p>--- Entrees ---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat ---</p> <p>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat ---</p> <p>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat ---</p> <p>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat ---</p> <p>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat ---</p> <p>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat ---</p> <p>Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat ---</p> <p>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---</p>

Monday	Tuesday
<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat ---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat ---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat ---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat ---</p> <p>Roasted Broccoli Carbs: 8 ---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---</p> <p>Peterson Apple Slices ---</p> <p>Biscuit, Baked Easy Split WG 2oz MS/HS TWP Carbs: 22 * Milk, Wheat ---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5 ---</p> <p>Assorted Fresh Fruit ---</p> <p>Cucumber Slices Carbs: 1 ---</p>	<p>--- Entrees ---</p> <p>Nachos Bell Grande (w/ beef crumbles) Carbs: 7 * Soybeans, Wheat ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat ---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat ---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat ---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat ---</p> <p>Black Bean and Corn Salad Carbs: 37 ---</p> <p>RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32 ---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---</p> <p>CRAISINS CHERRY FLAVORED POUCH Carbs: 28 ---</p> <p>CHEESE, Queso Blanco TWP Carbs: 1 * Milk ---</p>

Monday	Tuesday
<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> ---</p> <p>Assorted Fresh Fruit ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>